authority (n):

 early 13c., autorite "book or quotation that settles an argument," from Old French auctorité "authority, prestige, right, permission, dignity, gravity; the Scriptures" (12c.; Modern French autorité), from Latin auctoritatem (nominative auctoritas) "invention, advice, opinion, influence, command," from auctor "master, leader, author" (see [author](http://www.etymonline.com/index.php?term=author&allowed_in_frame=0) (n.).



1. Keep a journal
2. Like what you like what you like
3. Don’t spend time trying to read, view, understand, or like what you’re allergic to
4. To keep growing, follow your curiosity
5. Trust your instincts
6. Create what makes you happy
7. Save, collect, and gather your work
8. Never look to how others view your work to validate you as a person
9. Only accept a critique point when you actually see it for yourself
10. Stay with your vision while you develop rough skills
11. Revisit, rediscover and refine

Writing Sparks:

1) Write a story (true, imagined, or a combination) where no one but you saw things your way.

2) Write about a time when you were talked out of trusting your own experience.

3) Reflect on whatever story you wrote. What happened at your deepest level of experience? What did you take away? What changed from that point? How might things be different today if you had responded differently?